**Your Preferences for a Mentor**

**Section 1**

\*Required

**Please enter your full name.\***

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1. **From which division would you prefer to have a mentor? (please check all that apply)\***

Cardiology

Critical Care

Dermatology

Emergency Medicine

Endocrinology & Metabolism

Gastroenterology

Geriatrics

General Internal Medicine

Immunology & Allergy

Medical Oncology

Nephrology

Physical Medicine and Rehabilitation

Respiratory Medicine

Rheumatology

No preference

1. **We all have unique social identities including and not limited to: race, ethnicity, religion, sexual identity, socio-economic background, disability, etc. Will you be interested in having a mentor with your unique social identity?**

Yes

No

2b. If yes, what social identities would you be interested in receiving specific support for? (select any that apply, or free text)

Race

Ethnicity

Religion

Sexual identity

Socio-economic background

Disability

1. **We are offering different models of mentoring. Which model would you like to participate in? (mark only one circle select all that apply)\***

1 on 1 mentorship (dyad)

Peer mentorship (i.e. peer mentors only)

Facilitated peer mentorship (i.e. peer mentors + facilitator)

Doesn’t matter

1. **Would you be interested in a workshop and/or resource with tips on any of the following categories? (please check all that apply)**

Thriving in medicine

Career development

Navigating the department

1. **Is there anything that the Faculty of Medicine can do to help facilitate your mentorship needs?**

**Section 2**

1. **Please rank how relevant each of the following categories are to you in regards to what you are looking for in a mentor:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Wellness and psychosocial support |  |  |  |  |  |
| Research |  |  |  |  |  |
| Clinical |  |  |  |  |  |
| Teaching |  |  |  |  |  |
| Career advancement (e.g. promotions, etc.) |  |  |  |  |  |
| Other |  |  |  |  |  |

1. **Within each of these categories, rank what you hope to gain the most from your mentorship. Rank each item from most important to least important.**

Wellness and Psychosocial Support

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Emotional management |  |  |  |  |  |
| Preventing physician burnout |  |  |  |  |  |
| Physician wellness |  |  |  |  |  |
| Work-life balance |  |  |  |  |  |
| Navigating transitions |  |  |  |  |  |

Career advancement

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Leadership/management skills |  |  |  |  |  |
| Professional visibility |  |  |  |  |  |
| Increasing/broadening professional network |  |  |  |  |  |
| Navigating national/international organizations |  |  |  |  |  |
| Communication/negotiation |  |  |  |  |  |
| Promotion |  |  |  |  |  |
| Administrative support |  |  |  |  |  |

Research

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Attracting trainees |  |  |  |  |  |
| Building a lab |  |  |  |  |  |
| Getting funding and awards |  |  |  |  |  |
| Productivity and publication |  |  |  |  |  |

Clinical

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Leading and teaching a clinical team, clinical leaners, etc. |  |  |  |  |  |
| Refining and developing clinical skill sets |  |  |  |  |  |
| Managing clinical administrative burden |  |  |  |  |  |
| Patient-physician interaction |  |  |  |  |  |

Teaching

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1 – Least important** | **2** | **3** | **4** | **5 – Most important** |
| Serving as a teacher and/or mentor |  |  |  |  |  |
| Formal/informal teaching opportunities |  |  |  |  |  |
| Gaining recognition for teaching contributions |  |  |  |  |  |
| Quality of teaching |  |  |  |  |  |

1. **Is there anything you hope to gain from your mentorship related to research, teaching and/or clinical areas that is not listed above?**
2. **What style of mentoring would be most effective for you? (please check all that apply)**

Guiding

Directive

Advising

Role model