



FOD 6b- Falls risk assessment and management
Part B: Falls risk assessment and management

<p>Key Features</p> <ul style="list-style-type: none"> • This EPA focuses on managing fall risk by performing appropriate neurologic and musculoskeletal examinations and gait analysis, and prescribing simple gait aids • This EPA includes using and interpreting appropriate fall risk and balance assessments such as gait speed, Berg Balance Scale (BBS) and Timed Up and Go (TUG) test. It also includes a comprehensive assessment of modifiable and nonmodifiable extrinsic and intrinsic risk factors to guide fall risk management, and integrating the assessments of interprofessional team members • The observation of this EPA is divided into two parts: gait analysis and balance assessment; fall risk assessment and management • Gait analysis and balance may be observed in a simulation setting
<p>Target</p> <ul style="list-style-type: none"> • Collect 5 observations of achievement • At least 1 movement disorder • At least 1 orthostatic hypotension • At least 2 by a geriatrician
<p>Case presentation</p> <p>movement disorders; MSK disorders; sensory impairment; cerebellar/ataxic; NPH; vascular (stroke/subcortical); orthostatic hypotension; multiple medications; cognitive impairment</p>
<p>Setting</p> <ul style="list-style-type: none"> • inpatient unit; day hospital; outpatient clinic; consultation; rehabilitation unit
<p>Assessor</p> <ul style="list-style-type: none"> • geriatrician; care of the elderly physician; physiatrist
<p>Milestones in Elentra</p> <ul style="list-style-type: none"> • ME 1.4 Perform falls risk assessments, including a comprehensive assessment of extrinsic and intrinsic risk factors that may lead to falls in older adults • ME 2.2 Select and interpret appropriate investigations based on the patient’s presentation • ME 2.4 Develop and implement a management plan for falls • ME 2.4 Prescribe appropriate simple gait aids (e.g. cane, walker) • COM 3.1 Convey information on diagnosis and prognosis related to falls risk clearly and compassionately to the patient and caregivers • COL 1.1 Respond appropriately to input from other health care professionals as it relates to balance and gait • COL 1.2 Make effective use of the scope and expertise of other health care professionals • COL 1.3 Communicate effectively with physicians and other health care professionals